



Drop In Sessions Y2A

Youth to Adult



Are you a youth aged 12-17 years who has received Specialized Rehabilitation Services at the Glenrose Rehabilitation Hospital?

Upcoming Dates For 2026

January 20

February 19

March 26

April 21

May 27

June 25

All sessions are from 6-7:30 pm Enter From Main Doors

Youth aged 12-17 years · Room 146 GE

Come Hang Out With Us!

Connect with other youth who are also navigating the transition to adult healthcare in a relaxed, welcoming space. This is your chance to share experiences, ask questions, and talk about what matters to you — all in a supportive, confidential environment. Snacks and drinks provided! We can't wait to see you there!



Each session will have a discussion from the AHS Well on Your Way transition Planning

SCAN ME

Parents/Caregivers · Room 144 GE

Parent & Caregiver Networking Space

Connect with other families navigating similar medical challenges in a welcoming, supportive environment. Share experiences, build connections, and strengthen your community.

You're welcome to attend even if your child isn't in the youth session!

Snacks & drinks provided — we look forward to seeing you!



Take a look at the AHS Well On Your Way Transitioning Planning guide for Parents/Caregivers

SCAN ME

Please reach out to us for any questions 780-735-8866 · y2a@albertahealthservices.ca · 10230 111 Ave NW, Edmonton, AB T5G 0B7